



VELALAR COLLEGE OF ENGINEERING AND TECHNOLOGY (AUTONOMOUS)

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

(Accredited by NAAC with 'A+' Grade and NBA)

Thindal, Erode - 638012, Tamil Nadu, India.

Email: principal@velalarengg.ac.in, Website: <https://velalarengg.ac.in>

Phone: 0424-2244201/02/03

LIFE SKILLS

“Regular yoga practice creates mental clarity and calmness relaxes the mind; centers attention; and sharpens concentration”. In order to enhance the mental and Physical strength Yoga classes were arranged for First year students every year. Separate trainers for Girls and boys students were arranged. Foundation course which includes Suryanamaskaram, Pathanjaliyogam , Pranayamam were taught to the students. Through the kayakalpam exercises and meditation students can increase their body health and concentration power. After the successful completion of the course certificates were issued to the students.



Thindal, Tamil Nadu, India

VCET Yoga and Meditation Hall, Maruthi Nagar, Thindal, Tamil Nadu 638012, India

Lat 11.32232°

Long 77.674412°

22/06/23 11:51 AM GMT +05:30



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LIFE SKILLS

ACADEMIC YEAR: 2022 – 23

S.NO	NAME OF THE EVENT
1.	Yoga and Meditation



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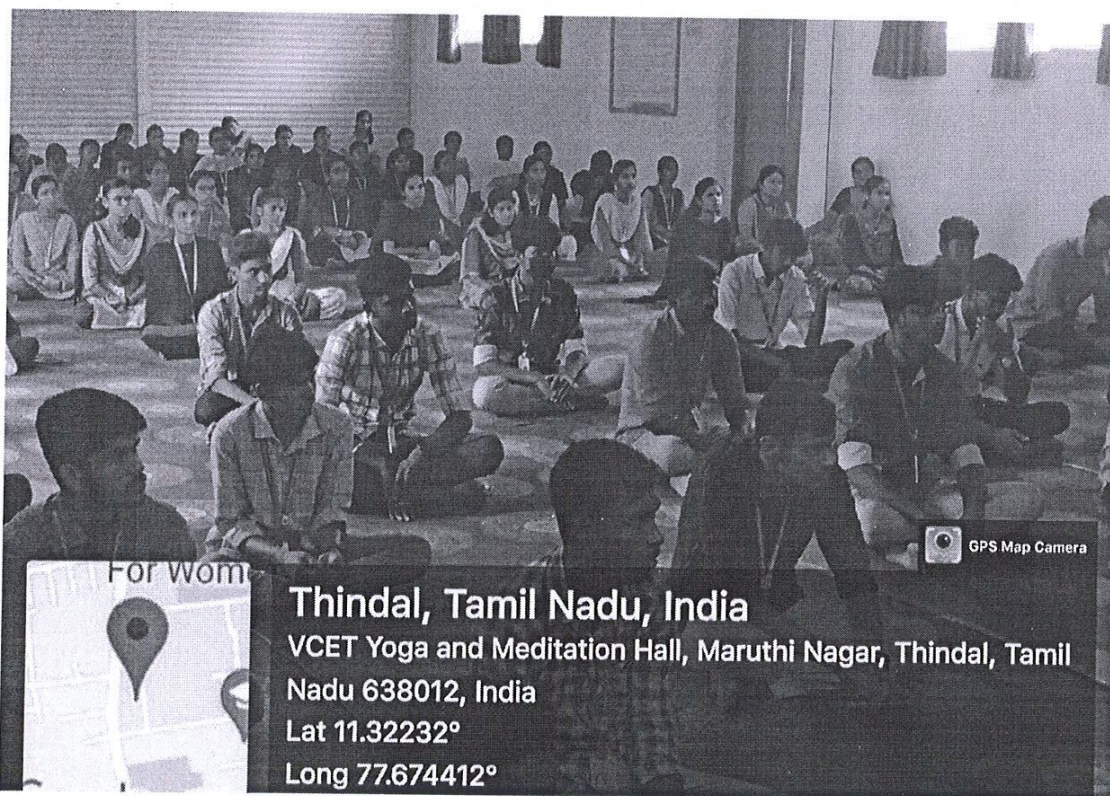
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FAX: 0424-2244205, Phone: 0424-2244201/02/03

YOGA AND MEDITATION

The Department of Science and Humanities organized a Foundation course on "Yoga and Meditation" for the first year students on 14.11.22 in order to enhance the mental and Physical strength. Trainers from Vethathiri Maharishi Institute for Spiritual and Institutional Education, Aliyar ,Erode zone where the resource persons. The course includes Suryanamaskaram, kayakalpam ,Pathanjali yogam ,Pranayamam were taught to the students. About 809 has successfully completed and received certificates.



Thindal, Tamil Nadu, India

VCET Yoga and Meditation Hall, Maruthi Nagar, Thindal, Tamil

Nadu 638012, India

Lat 11.32232°

Long 77.674412°

VELALAR COLLEGE OF ENGINEERING AND TECHNOLOGY, ERODE – 12
(Autonomous)

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Ref. No:/VCET/S&H/YOGA/ 2022-2023/1

10.11.22

CIRCULAR

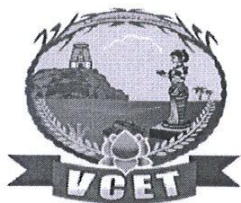
Sub: Yoga for Youth Empowerment –Yoga class-Reg.

The Department of Science and Humanities along with the Vethathiri Maharishi institute for Spirtual and Institutional Education, Aliyar organizes a foundation course for the students. With respect to the above the yoga classes for the academic year 2022-23 commences from 14.11.22 .Hence the students are instructed to come prepared for the yoga class.

Venue: Yoga and Meditation Hall-L-Block



HoD/S&H



Velalar College of Engineering and Technology (Autonomous)

Department of Science and Humanities

Yoga and Meditation-Schedule

10.11.22

The Department of Science and Humanities takes immense pleasure in organising a **Yoga and meditation programme** exclusively for the first year BE/B.Tech students from **14.11.22**. The first year students are instructed to follow the given schedule.

S.No	Day	Class	Venue	Time	Faculty Members
1.	14.11.22	22EC1A,B,C& 22CE01	'L Block' Yoga and Meditation Hall	1.30 pm – 4.30 pm	Vethathiri Maharishi Institute for Spiritual and Intuition Education(WCSC- VISION), Temple of Consciousness, Arutperunjothi Nagar, Aliyar, Pollachi, Erode zone
2.	15.11.22	22ME01&22MD E01	'L Block' Yoga and Meditation Hall	1.30 pm – 4.30 pm	
3.	16.11.22	22BM1A&B	'L Block' Yoga and Meditation Hall	1.30 pm – 4.30 pm	
4.	17.11.22	22CS1A&B	'L Block' Yoga and Meditation Hall	1.30 pm – 4.30 pm	
5.	18.11.22	22IT1A&B, AD	'L Block' Yoga and Meditation Hall	1.30 pm – 4.30 pm	


10/11/22
HoD/S&H

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ACADEMIC YEAR 2022-2023


YOGA & MEDITATION

CLASS: 22AD01

2	22ADR002	ADHITHYA M
3	22ADR003	AVANTHIKAA R G
4	22ADR004	BALAJI A
5	22ADR005	DARSHANA S P
6	22ADR006	DHANUSH A
7	22ADR007	DHANUSHRI D
8	22ADR008	DHARANESH N
9	22ADR009	DHARANI C
10	22ADR010	DHARSHANA B
11	22ADR011	GOWTHAM M
12	22ADR012	HARI RITHVIK B
13	22ADR013	HARINI M
14	22ADR014	HARIPRAVIN R S
15	22ADR015	HEMANIKITHA D
16	22ADR016	HUMERA M
17	22ADR018	KAILASNADH KARTHA
18	22ADR019	KALADEVI T
19	22ADR020	KANISHKA P
20	22ADR021	KARTHIKEYAN M
21	22ADR022	KEERTHIKA M
22	22ADR023	MADHUSHRI K
23	22ADR024	MAHESWAR S S
24	22ADR025	MEENA S
25	22ADR026	MOHAMED HAFIL M
26	22ADR027	MUTHU KRISHNA S
27	22ADR028	NAVEEN BALAJI S B
28	22ADR029	NAVEEN S
29	22ADR030	NAVEEN S S
30	22ADR031	NISHANTH D
31	22ADR032	NISHANTHINI M
32	22ADR033	NITHYASRI P
33	22ADR034	PAVITHRA S
34	22ADR035	POOJA S
35	22ADR036	PRABU M
36	22ADR037	PRANISHKA S
37	22ADR038	PRIYA S
38	22ADR039	PRIYADARSHENE S
39	22ADR040	PRIYADHARSHINI S
40	22ADR041	PRIYANKA R
41	22ADR042	RAGUL S N
42	22ADR043	RAKSHITHA A
43	22ADR044	RAMANAA M
44	22ADR045	ROHITH R

45	22ADR046	SABARI K G
46	22ADR047	SAFIYA NASREEN K
47	22ADR048	SAKTHI GOBIKA S
48	22ADR049	SAMYUKTHA J
49	22ADR050	SANJITH S
50	22ADR051	SHANMATHI K
51	22ADR052	SUBHA SRI C
52	22ADR053	SUBHAASHREE S
53	22ADR054	SUTHESHNA A
54	22ADR055	SWETHA G
55	22ADR056	THIYANESHWARAN A
56	22ADR057	VARSHA R
57	22ADR058	VIJAY BHARATH V
58	22ADR059	VIJESH R
59	22ADR060	VINOTHINI A
60	22ADR061	VISHAL ROSHAN V R
61	22ADR062	YOGESH G


20/12/22
STAFF INCHARGE


HOD/S&H

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ACADEMIC YEAR 2022-2023

YOGA & MEDITATION

CLASS: 22BM1A&B

1	22BMR001	AACHIKAA R E
2	22BMR002	AATHI SHREE T K
3	22BMR003	ABILISHA S
4	22BMR004	ABISHA J
5	22BMR005	ABISHEK J
6	22BMR006	AKALYA D
7	22BMR007	AKALYA G
8	22BMR008	AKALYA J
9	22BMR009	AKSHAYA K
10	22BMR010	ANDRUSH SHIYAM M
11	22BMR011	ANUSHUYA K
12	22BMR012	ARIHARAN G
13	22BMR013	ARUNACHALAM C
14	22BMR014	BALAJI S
15	22BMR015	BALAJIE K N
16	22BMR016	BALAKUMAR K
17	22BMR017	BHARANI DHARAN S
18	22BMR018	BOORVASANTHYA K
19	22BMR019	BRINDHAISWARYA S
20	22BMR020	DEEPIKA K
21	22BMR021	DEEPIKA P
22	22BMR022	DELSIKA J
23	22BMR023	DHARANI R
24	22BMR024	DHARANISRI S
25	22BMR025	DHARANI T
26	22BMR026	DHARANIDHARAN S
27	22BMR027	DHARSHINI V
28	22BMR028	DIVIJA N
29	22BMR029	ELAVARASAN U
30	22BMR030	GOGULAVASAN V
31	22BMR031	GOKULANAND C K
32	22BMR032	GOPIVARSHAN S
33	22BMR033	GURU SARAN K
34	22BMR034	HARAN A
35	22BMR035	HARIKRISHNA R
36	22BMR036	HEMALATHA P
37	22BMR037	HEMAPRABHA K M
38	22BMR038	INDUJA S G
39	22BMR039	INDUJAA K
40	22BMR040	JANANE K S
41	22BMR041	JANANI S V
42	22BMR042	JAYASHREE M
43	22BMR043	JOSE MAXITHA J
44	22BMR044	KAABIYA K
45	22BMR045	KABINI PUNITHAVATHY R

46	22BMR046	KANIMOZHI P
47	22BMR047	KARISHMA SELVAM S
48	22BMR048	KARTHIGA A
49	22BMR049	KAUSIKA S
50	22BMR050	KAVIN A
51	22BMR051	KAVIYA B
52	22BMR052	KAVYA S
53	22BMR053	KEERTHANA T
54	22BMR054	KIRUTHIGA SREE M
55	22BMR055	KISHORE KANNA E R
56	22BMR056	KISHORE V S
57	22BMR057	KOKILA PRIYA S
58	22BMR058	KOWSALYA S
59	22BMR059	KOWSIKA S
60	22BMR060	LAKSITA K R
61	22BMR061	LAVANYA S
62	22BMR062	LEELAVATHY N
63	22BMR063	LOGESWARI M
64	22BMR064	LOKHAMITRA B
65	22BMR065	MADHUMITHA M
66	22BMR066	MITHANYA M
67	22BMR067	MOWNIGA R
68	22BMR068	MUTHU KUMARI S
69	22BMR069	MYVIZHI S D
70	22BMR070	NAVEENA R
71	22BMR071	NISHANTH M
72	22BMR072	NITHYA K
73	22BMR073	NIVETHA M
74	22BMR074	PAVALAKODI S
75	22BMR075	PAVITHRA R
76	22BMR076	POOJA LEKSHMI R V
77	22BMR077	POOJA M
78	22BMR078	POOJA S
79	22BMR079	POOJA S U
80	22BMR080	POOJA V
81	22BMR081	POOVITHA S
82	22BMR082	PRATHIKSHA G
83	22BMR083	PRIYADHARSHINI B S
84	22BMR084	PRIYADHARSHINI P
85	22BMR085	PUGALNATHAN S
86	22BMR086	RAMANA K
87	22BMR087	RAMYA A
88	22BMR088	RANJANI P
89	22BMR089	RANJANI V
90	22BMR090	SAIJU SOLOMON
91	22BMR091	SAKTHI MURUGAN P
92	22BMR092	SAMBAVI G
93	22BMR093	SANDHIYA S
94	22BMR094	SANJAY M
95	22BMR095	SANTHIYA M

96	22BMR096	SHARAVANA K L
97	22BMR097	SHRUTICASRI M V
98	22BMR098	SIVASANKARI V
99	22BMR099	SOUNDHAR T
100	22BMR100	SOWMIYA V
101	22BMR101	SRI DHARSHINI T
102	22BMR102	SRIMATHI S
103	22BMR103	SUBAHARINI S
104	22BMR104	SUBHASANKARI M
105	22BMR105	SUBHASHINI M
106	22BMR106	SUDHARSAN C
107	22BMR107	SUNDARESWARAN K
108	22BMR108	SWATHI A
109	22BMR109	SWETHA G
110	22BMR110	TAMIL S
111	22BMR111	TAMIL SELVAN P
112	22BMR112	VIJAYA SRINIVAS S
113	22BMR113	VIKASITA M
114	22BMR114	VIMAL PRASATH T
115	22BMR115	VINODHA R
116	22BMR116	VISHNU PRIYANGA A R
117	22BMR117	YAMUNA SRI E

P. J. L.
20/12/22
STAFF INCHARGE

L
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ACADEMIC YEAR 2022-2023

YOGA & MEDITATION

CLASS: 22CE01

1	22CER001	ABINIVESH M B
2	22CER002	BOOBALAN D
3	22CER003	DHAKSHINYA A
4	22CER004	DHIVYA A
5	22CER005	DHIVYA K
6	22CER006	DHIVYA M
7	22CER007	DHIVYADHARSHINI S
8	22CER008	DINESH L
9	22CER009	ELAKKIYAA S J
10	22CER010	ELANGO VAN M
11	22CER011	JANAA D V
12	22CER012	JEEVANANDAM P
13	22CER013	JEEVANANTHAM G
14	22CER014	KIRTHIK ROSHAN A
15	22CER015	MADHU BALAJI K
16	22CER016	MAHALAKSHMI E
17	22CER017	MANISHA S
18	22CER018	MEANAKA D
19	22CER019	NANDHINI S S
20	22CER020	NARENDHIRAPRIYA M
21	22CER021	RATISH S
22	22CER022	RISHIPRIYA M
23	22CER023	SAJITH D
24	22CER024	SAKTHI R
25	22CER025	SAKTHIVEL P
26	22CER026	SHANJEEV B
27	22CER027	SRI GAYATHRI K
28	22CER028	SUBASRI A
29	22CER029	SUDHAKARAN S
30	22CER030	SWATHI S
31	22CER031	TAMILSELVAN G
32	22CER032	VAISHNAVI M
33	22CER033	VANTHANA V S
34	22CER035	VINOTHA K


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ACADEMIC YEAR 2022-2023

YOGA & MEDITATION

CLASS: 22CS1A&B

1	22CSR001	ABILESH D
2	22CSR002	ABINAYA J
3	22CSR003	ABINAYA S
4	22CSR004	ABINAYA S
5	22CSR005	ABINAYA S
6	22CSR006	AJITH P
7	22CSR007	AJMAL ADHIF A
8	22CSR008	AYESHA SHIFA A
9	22CSR009	BHAVADHARANI S
10	22CSR010	BIRAVIN KUMAR S
11	22CSR011	BOOJA N
12	22CSR012	BRINDHA C
13	22CSR013	BRINDHA V C
14	22CSR014	CHANDRA MOHAN R
15	22CSR015	DEEPAK M
16	22CSR016	DEEPAN R
17	22CSR017	DEEPIKA N R
18	22CSR018	DEEVITH M
19	22CSR019	DHANIKSHA K S
20	22CSR020	DHANUSH K R
21	22CSR021	DHARANEESH S
22	22CSR022	DHARANIDHARAN K R
23	22CSR023	DHARANISREE A P
24	22CSR024	DIGEESH V
25	22CSR025	DINESH S V
26	22CSR026	DINESH V
27	22CSR027	DIVYA BHARATHI N
28	22CSR028	DIVYA D
29	22CSR029	DIVYANAND L
30	22CSR030	DURGA P
31	22CSR031	ELANNGO M
32	22CSR032	GOKUL B
33	22CSR033	GOKULA KRISHNAN R
34	22CSR034	GOKULAPRIYA S
35	22CSR035	GOPIKA D
36	22CSR036	GOPIKA M
37	22CSR037	GOWTHAM S
38	22CSR038	GUHAN C
39	22CSR039	HARI M K
40	22CSR040	HARIHARASUDHAN D
41	22CSR041	HARINISHREE S
42	22CSR042	HARITHAA T
43	22CSR043	HARSATH S P
44	22CSR044	HARSHAN A
45	22CSR045	HARSHINI V M

46	22CSR046	HEMACHANDRAN K
47	22CSR047	ILAKKIYA S
48	22CSR048	JAIKAMAL A T
49	22CSR049	JANANI BANU RJ
50	22CSR050	JANANI N
51	22CSR051	JANARTHANAN M
52	22CSR052	JENISHA LIONAL C
53	22CSR053	JHOSHIKA T
54	22CSR054	JYOSHNA.A
55	22CSR055	KABILAN S
56	22CSR056	KANIGASRI K
57	22CSR057	KARTHIKEYAN C
58	22CSR058	KARUNYA G S
59	22CSR059	KAVIN G
60	22CSR060	KAVIYASHREE K
61	22CSR061	KAVYA T
62	22CSR062	KAWIN S
63	22CSR063	KIRUTHIKA D
64	22CSR064	LALITHYA T
65	22CSR065	LANISA BHARATHI K
66	22CSR066	LOGAMITRA K M
67	22CSR067	MAHEEN MOHAMED ISMAYEEL M
68	22CSR068	MAHENDHIRAN P
69	22CSR069	MANOSHREE S
70	22CSR070	MAUNNE SHRI M
71	22CSR071	MEGALA SRI P A
72	22CSR072	MERCY YELAVASAM R
73	22CSR073	MERLYN A S
74	22CSR074	MITHANRAJ S
75	22CSR075	MOHAMED IMRAN M
76	22CSR076	MOHANA PRASATH S
77	22CSR077	MONISH KUMAR M
78	22CSR078	MUKILAN S S
79	22CSR079	NANDHINI S
80	22CSR080	NARMADHA R
81	22CSR081	NETHYA DEVI P
82	22CSR082	PIRUTHVI M
83	22CSR083	POORVASHRI M
84	22CSR084	PRAVINSANKAR A G
85	22CSR085	PRIYA DARSHINI S
86	22CSR086	PRIYA DHARSHINI V
87	22CSR087	RAKESH R
88	22CSR088	RAMYA S
89	22CSR089	SAHITHYA S L
90	22CSR090	SAKTHI ANUSSHA S S
91	22CSR091	SAMYUGDHAMUGI N
92	22CSR092	SANTHIYA V
93	22CSR093	SAVERTHANA R
94	22CSR094	SHAHIL RAHUMAN S
95	22CSR095	SHAKTHI VARSHAA R

96	22CSR096	SHIKSHA C
97	22CSR097	SHIRLY RITIKA C
98	22CSR098	SHRUTHI R
99	22CSR099	SHUJITH M T
100	22CSR100	SINDHU SRI K
101	22CSR101	SIVADHARSINI S
102	22CSR102	SIVALINGAM S S
103	22CSR103	SIVAMBIGA S
104	22CSR104	SRI GURU VISNU K
105	22CSR105	SRIDEVI S
106	22CSR106	SRIHARITHA M H
107	22CSR107	SRIMATHI K
108	22CSR108	SRIMATHI S
109	22CSR109	SRINESHAN B
110	22CSR110	SRIVISHNU P S
111	22CSR111	SUDARSAN M
112	22CSR112	SUJITHKUMAR M
113	22CSR113	SWETHA P
114	22CSR114	THARUN P
115	22CSR115	THARUN VIGNESH R U
116	22CSR116	THOGAIVALLI V
117	22CSR117	VANNI VIGNESHER J
118	22CSR118	VARSHINI S V
119	22CSR119	VEL MURUGAN P
120	22CSR120	VIDHULA J
121	22CSR121	VIDIYALARASU K A
122	22CSR122	VIJAY K
123	22CSR123	YAMINI V
124	22CSR124	YASWANTH R

P. J. J. P.
30/12/22
STAFF INCHARGE

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ACADEMIC YEAR 2022-2023

YOGA & MEDITATION

CLASS: 22EC1A,B&C

1	22ECR001	ABINAYA S
2	22ECR002	ABINAYA SRI S
3	22ECR003	AKALYA S
4	22ECR004	ANANDAKARTHIKEYAN B
5	22ECR005	ANUSUYA S
6	22ECR006	ARUN R
7	22ECR007	ASWIN M P
8	22ECR008	ASVIKA J T
9	22ECR009	ASWATH S
10	22ECR010	BALAJI V
11	22ECR011	BAVAN S
12	22ECR012	BHARANI M
13	22ECR013	BHUVANESWARI N
14	22ECR014	BHUVANESWARI S
15	22ECR015	BRAGADEESHWARAN R
16	22ECR016	BRUNTHA R
17	22ECR017	CHARUVI P
18	22ECR018	DEEPA P
19	22ECR019	DEERANTHAR V S
20	22ECR020	DEVADHARSHINI R
21	22ECR021	DEVIPRIYA J
22	22ECR022	DHANASRI K
23	22ECR023	DHANESH V
24	22ECR024	DHANUSH ADITHYA P
25	22ECR025	DHANUSH V
26	22ECR026	DHANUSHYA S
27	22ECR027	DHANUSYA B
28	22ECR028	DHARANI S K
29	22ECR029	DHARSHAN K
30	22ECR030	DHIVYA N
31	22ECR031	DINESH K
32	22ECR033	DIVYA KESHAVI M
33	22ECR034	DURGAESH S
34	22ECR035	ESTHER GRACE S
35	22ECR036	GEETHA P G G
36	22ECR038	GOKUL PRASANTH N
37	22ECR039	GOKUL V
38	22ECR040	GOWTHAM A
39	22ECR041	GOWTHAM G
40	22ECR042	GOWTHAMAN N
41	22ECR043	HARIHARAN M
42	22ECR044	HARIPRAKASH R
43	22ECR045	HARIPRASATH A S

44	22ECR046	HARISH S
45	22ECR047	HARISHAA R
46	22ECR048	HARSHINI S P
47	22ECR049	HARSINI S
48	22ECR050	HEMA VARSHINI S N
49	22ECR051	INDHU M G
50	22ECR052	ISAIYARASI K
51	22ECR053	JANANI V S
52	22ECR054	JAYAKRISHNA P V
53	22ECR055	JEEVA JANANI C N
54	22ECR056	JITHENDRA M
55	22ECR057	KALAIVANAN S
56	22ECR058	KAMALI G
57	22ECR059	KAMALI S
58	22ECR060	KANIMOZHI G S
59	22ECR061	KANISHKA R
60	22ECR062	KANISKA SRI V
61	22ECR063	KARISHMA M
62	22ECR064	KARTHIK K
63	22ECR065	KARTHIK M
64	22ECR066	KARTHIKA R
65	22ECR067	KARTHIKEYAN K G
66	22ECR068	KATHIRVEL E
67	22ECR069	KAVIN S
68	22ECR070	KAVINILA S
69	22ECR071	KAVISHNA P J
70	22ECR072	KAVIYARASU S
71	22ECR073	KAVYA K
72	22ECR074	KEERTHANA S
73	22ECR075	KISHORE KARTHIKEYAN S
74	22ECR076	KOKILAVANI S
75	22ECR077	KRISHNAA S
76	22ECR078	KUMARAGURU M
77	22ECR079	LOGENDRAN T
78	22ECR080	MATHAN L
79	22ECR081	MATHIMALAR A
80	22ECR082	MEHHA S
81	22ECR083	MOHAMED HARIS KHAN G
82	22ECR084	MOHAMMED ZUHAIR B
83	22ECR085	MOHAN SAMPATH J
84	22ECR086	MOHANRAJ P
85	22ECR087	MUKESH M
86	22ECR088	MUKHIL KRISHNAA D
87	22ECR089	MYSANTH P
88	22ECR090	NARESHKANNAN G
89	22ECR091	NEKETHA R M
90	22ECR092	NISHANTH P
91	22ECR093	NITHISHKUMAR M B

92	22ECR094	NITHYAA V
93	22ECR095	NITHYASHREE H
94	22ECR096	NITYA SRI S K
95	22ECR097	PARAMASIVAM M
96	22ECR098	PAVITHRA C
97	22ECR099	PAVITHRA K
98	22ECR100	PAVITHRA M
99	22ECR101	PAVITHRA S
100	22ECR102	PAVITHRA S P
101	22ECR103	PONKAVYA A
102	22ECR104	PONSANKAR R
103	22ECR105	PONSRUTHI S
104	22ECR106	POOJA A
105	22ECR107	POOVITHAA M
106	22ECR108	PRADEEP S
107	22ECR109	PRASATH A
108	22ECR110	PRAVEEN C
109	22ECR111	PRIYANKA S
110	22ECR112	PURUSOTHAMAN A M
111	22ECR113	RAGUL N
112	22ECR114	RAGUL V
113	22ECR115	RAHUL S
114	22ECR116	RAM PRASATH K
115	22ECR117	RANJITH S
116	22ECR118	RITHANYA K
117	22ECR119	SABAREESH S
118	22ECR120	SABARI M
119	22ECR121	SACHIN M
120	22ECR122	SAKTHI SHREE R
121	22ECR123	SANDEEP T
122	22ECR124	SANJANI K
123	22ECR125	SANJAY ADITHYA V
124	22ECR126	SANJAY V
125	22ECR127	SANJEETH S
126	22ECR128	SANJEEVRAJAN E
127	22ECR129	SANJITH P R
128	22ECR130	SANJU V
129	22ECR131	SARAN T S
130	22ECR132	SARAVANAN S B
131	22ECR133	SARGUNAN C
132	22ECR134	SARMILA M
133	22ECR135	SARVESH K
134	22ECR136	SARVESHWAR G
135	22ECR137	SASHINI A
136	22ECR138	SASIKUMAR P
137	22ECR139	SASIREKHA N
138	22ECR140	SHALINI G R
139	22ECR141	SHANAVAS J

140	22ECR142	SHANMUGA PRIYA A
141	22ECR143	SHARVESH S
142	22ECR144	SHEEBA MERCY D
143	22ECR145	SHIRADEEP D
144	22ECR146	SIMRIN SITTARA A
145	22ECR147	SIVASANTHIYA A
146	22ECR148	SOUNDHARYA G
147	22ECR149	SOWMIGA SRI V
148	22ECR150	SOWMITHRADEVI V K
149	22ECR151	SOWMYA G
150	22ECR152	SOWNDHARIYA K D
151	22ECR153	SREE VIKASHINI S
152	22ECR155	SRI SANTHOSH KUMAR G S
153	22ECR156	SRILEKA R
154	22ECR157	SRIMATHY C
155	22ECR158	SUBHIKA S
156	22ECR159	SUBHIKSHA M
157	22ECR160	SUBIKSHA M S
158	22ECR161	SUGANTH L
159	22ECR162	SUJITH V M
160	22ECR163	SUKANTH D R
161	22ECR164	SUNEEL D K
162	22ECR165	SURAYYA PARVEEN M H
163	22ECR166	SUREGA D
164	22ECR167	SURYAPRAKASH K
165	22ECR168	SWASTHIGA SREE K M
166	22ECR169	SWETHA G
167	22ECR170	TAMILSELVAM G
168	22ECR171	TAMILSELVAN M
169	22ECR172	TARIKA D
170	22ECR173	THERKATHARSHAN G
171	22ECR174	THIRUKUMARAN A
172	22ECR175	THIYANESHWAR S R
173	22ECR176	VAINAWIYASRI J S
174	22ECR177	VAINOV D
175	22ECR178	VAISHNAVI A
176	22ECR179	VANISHKAA B U
177	22ECR180	VARSHA D
178	22ECR181	VARSHA J
179	22ECR182	VIMALATHETHAN I
180	22ECR183	VIMALRAJ N
181	22ECR184	VINITH M
182	22ECR185	VINITHKRISHNA V G
183	22ECR186	VISHALINI S S
184	22ECR187	VISHNU R
185	22ECR188	WEHIJIT C A
186	22ECR189	YOGESH C

VELALAR COLLEGE OF ENGINEERING AND TECHNOLOGY(AUTONOMOUS),
THINDAL, ERODE - 638012.

ACADEMIC YEAR 2022-2023

YOGA & MEDITATION

CLASS: 22EE01

1	22EER001	ABIRAM T
2	22EER002	AKILA M K
3	22EER003	ANANDHISHRI S
4	22EER004	ANIRUTHAN S
5	22EER005	ANUSUYA V
6	22EER006	ARCHANA L
7	22EER007	ARUNESHWAR P
8	22EER008	ASWATH T
9	22EER009	ASWIN A
10	22EER010	ATHISSH PRANAV K S
11	22EER011	BALA SURIYAN V
12	22EER012	BHARATHI K
13	22EER013	BHUVANESHWARAN M
14	22EER014	BOOPATHI G
15	22EER015	CHITRARASU J
16	22EER016	DHAMOTHARAN D
17	22EER017	DHANUSH S
18	22EER018	DILSHA BEGAM R
19	22EER019	FIDAL CASTRO M
20	22EER020	GOKUL P M
21	22EER021	GOKULNATH L
22	22EER022	GOWRI RAJA L
23	22EER023	JANANI K
24	22EER024	JAYASHRI V
25	22EER025	JEEVITHA V
26	22EER026	KALAIVANI S
27	22EER027	KANIKA B
28	22EER028	KANISHKA R
29	22EER029	KARTHIKA M
30	22EER030	KAVIYA R
31	22EER031	KUMARAN M G
32	22EER032	LOSHEKA M
33	22EER033	MAHI BALAN N
34	22EER034	MONALISA M P
35	22EER035	MUHAMMED JAFFAR DEEN N
36	22EER036	NIRMAL KUMAR K P
37	22EER037	PRAKASHRAAJ V D
38	22EER038	PRAVEENA L
39	22EER039	PREMRAJ R
40	22EER040	PRIYAVARSHNI A
41	22EER041	RAMYA B
42	22EER042	SABARINATHAN M
43	22EER043	SASUNA N

44	22EER044	SHANMUGA N
45	22EER045	SNEHA C
46	22EER046	SRI KAVYA R
47	22EER047	SRIMATHI P
48	22EER048	SRIRAM R
49	22EER049	SRIRAM S
50	22EER050	SUGANYA G
51	22EER051	SUKANRAJ k
52	22EER052	SUKASHINI T
53	22EER053	SUMEET SAHU G
54	22EER054	SUMESH V
55	22EER055	SUMITHRA B
56	22EER056	SUSMITHA M
57	22EER057	SYED HAARIS S A
58	22EER058	VAISHALI S
59	22EER059	VEDHIKAPRAVEENA K
60	22EER060	VIJAYAN M
61	22EER061	VISHALAKSHI B

P. J. P.
30/12/22

STAFF INCHARGE

[Signature]

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VELALAR COLLEGE OF ENGINEERING AND TECHNOLOGY(AUTONOMOUS),
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ACADEMIC YEAR 2022-2023


YOGA & MEDITATION

CLASS: 22IT1A&B

1	22ITR001	ABIMATHI S
2	22ITR002	ABINAYABHARATHI N C
3	22ITR003	AKILESWARAN J
4	22ITR004	ANUVARSHINI B S
5	22ITR005	ASWATHI T
6	22ITR006	BARANIDHARAN S
7	22ITR007	BARATH B
8	22ITR008	BHARATH T M
9	22ITR009	BHARATHKUMAR S
10	22ITR010	BHUVANESHVAR P M
11	22ITR011	CHANDRAMUKHI K
12	22ITR012	DEEPADHARSHINI P
13	22ITR013	DEEPAK B
14	22ITR014	DHARANI B
15	22ITR015	DHARANI JAYAN E
16	22ITR016	DHARANIKUMAR K
17	22ITR017	DHARSHINI B
18	22ITR018	DHARSHINI S
19	22ITR019	DHAYALAN M
20	22ITR020	DINESH KUMAR S B
21	22ITR021	DIVYA S S
22	22ITR022	FAYAZ AHAMED A K
23	22ITR023	GANIKA S S
24	22ITR024	GOWRI SANGEETHA V
25	22ITR025	GUGAN M
26	22ITR026	GURU DHARSHAN K
27	22ITR027	HANIS HUBERT P C
28	22ITR028	HANSIKA M J
29	22ITR029	HARIHARAN B
30	22ITR030	HARIPRASANATH S
31	22ITR031	HARIPRIYA S
32	22ITR032	HARISH R
33	22ITR033	HARIVIGNESH T
34	22ITR034	HARNISH R
35	22ITR035	HASIN N
36	22ITR036	HEMA S
37	22ITR037	HIRAN KUMAR B
38	22ITR038	JAYA SRI M
39	22ITR039	JAYA SRI S
40	22ITR040	JEEVAN PRASANATH V
41	22ITR041	KALKI S
42	22ITR042	KANIKA G
43	22ITR043	KANISHKA K

44	22ITR044	KANISHKA P G
45	22ITR045	KANNAN P
46	22ITR046	KARISNI V
47	22ITR047	KARTHIKADEVI S
48	22ITR048	KAVIN S
49	22ITR049	KAVIPRIYA M
50	22ITR050	KAVISRI G
51	22ITR051	KAVIYASRI S
52	22ITR052	KAVIYAVIKASHINI M
53	22ITR053	KEERTHANA D G
54	22ITR054	KEERTHI G
55	22ITR055	KEERTI S R
56	22ITR056	KIRAN M
57	22ITR057	LOHITH A
58	22ITR058	LOKESHWARAN C
59	22ITR059	MADHUMITHA B
60	22ITR060	MEGHA BHARATHI B
61	22ITR061	MIRDULA V
62	22ITR062	MIRTHIKA B
63	22ITR063	MIRUTHULA D
64	22ITR064	MOGITHAA S D
65	22ITR065	MOHAMED FAHIM
66	22ITR066	MONISH S
67	22ITR067	MOUNIKA A
68	22ITR068	MUTHUKARUPPAN M
69	22ITR069	NANDHA DEEPA S
70	22ITR070	NANDHINI S
71	22ITR071	NAVEEN M
72	22ITR072	NAVEEN S
73	22ITR073	NAVEENA S
74	22ITR074	NAVINKRISHNA M
75	22ITR075	NISHA THIRUMURUGAN
76	22ITR076	NITHYA SHREE E
77	22ITR077	NIVETHA V
78	22ITR078	PARTHEES P
79	22ITR079	PAVETHRA T
80	22ITR080	PAVISHNU S
81	22ITR081	PAVITHRA M
82	22ITR082	POORNIMA DEVI R
83	22ITR083	PRAVINA SRI S
84	22ITR084	PREETHIGA M
85	22ITR085	PRIYA KEERTHANA A
86	22ITR086	PRIYADHARSHINI D
87	22ITR087	RITHANYA S
88	22ITR088	RITHIKA K
89	22ITR089	RITHIKA M M
90	22ITR090	ROOPINI B
91	22ITR091	SABIKSHA B

92	22ITR092	SAKTHI M
93	22ITR093	SANDHIYA J
94	22ITR094	SANJAYKUMAR G
95	22ITR095	SANTHIYA M
96	22ITR096	SANTHOSH KARTHIK M
97	22ITR097	SANTHOSH PRABHU A
98	22ITR098	SATHYA T N
99	22ITR099	SELVAGANAPTHI C
100	22ITR100	SHARUMATHI J M
101	22ITR101	SIBE VARSNA D S
102	22ITR102	SIBI P
103	22ITR103	SILAMBARASAN S
104	22ITR104	SIVAHARSHAVARDHINI T
105	22ITR105	SOWMIYA T
106	22ITR106	SRIJA G K K
107	22ITR107	SRIJA V
108	22ITR108	SUBHAHARINI N
109	22ITR109	SUBHIKA C
110	22ITR110	SUBRAJAA S S
111	22ITR111	SUJITH KANNA S
112	22ITR112	SUNDAR S
113	22ITR113	SUTHIKSHA SHRI S K
114	22ITR114	SWATHI S
115	22ITR115	THANUSRI M R
116	22ITR116	VARSHINI S
117	22ITR117	VIDHYA K
118	22ITR118	VIGNESH R
119	22ITR119	VIJAYALAKSHMI S
120	22ITR120	VIKRAM V S
121	22ITR121	VIRUBHASHAYAN S
122	22ITR122	VISMITA A
123	22ITR123	YASWANTH KUMAR L


30/12/22
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THINDAL, ERODE - 638012.

ACADEMIC YEAR 2022-2023

YOGA & MEDITATION

CLASS: 22MD01

1	22MDR001	AMBIKA S
2	22MDR002	ANANYA M
3	22MDR003	ANBUMANI R
4	22MDR004	ASMITHA FATHIMA M
5	22MDR005	BHARATHIKUMARAN K
6	22MDR006	BHUVANA D
7	22MDR007	BHUVANESHWARI L
8	22MDR008	CHIDAMBARAM S
9	22MDR009	DEEKSHANA E
10	22MDR010	DEVAVARSHA N
11	22MDR011	DHIVYA DHARSHINI V
12	22MDR012	DHIVYA THARSHINI M
13	22MDR013	DHURKA M
14	22MDR014	DURGADEVI P
15	22MDR015	HARINI P J
16	22MDR016	HARISH M
17	22MDR017	INDHUMATHI A
18	22MDR018	JAI SRI ADHITHYA S
19	22MDR019	JANCI V
20	22MDR020	JEEVANANTHAM S
21	22MDR021	JEYSREE P K
22	22MDR022	JIBISRI M
23	22MDR023	KANIMOZHI L
24	22MDR024	KAVIN RAJ R S
25	22MDR025	KIRANYA K
26	22MDR026	KOWSHIK V
27	22MDR027	KRISHNAN V
28	22MDR028	MALARVIZHI R
29	22MDR029	NAVEEN V
30	22MDR030	NAVEETHASRI
31	22MDR031	NIYALNI M
32	22MDR032	PAVITHRA A L
33	22MDR033	RUPIKAA S
34	22MDR034	RUTHRESH R
35	22MDR035	SAKTHI SHRI S
36	22MDR036	SANJAY KUMAR K
37	22MDR037	SASIREKA S
38	22MDR038	SATHISH KUMAR N
39	22MDR039	SATHYA T
40	22MDR040	SRI DEVI V
41	22MDR041	SURYA P
42	22MDR042	VAISHNAVI J
43	22MDR043	VARSHA S S

44	22MDR044	VARSHINI S
45	22MDR045	VIMAL S
46	22MDR046	VIMAL V
47	22MDR047	VINOTH S
48	22MDR048	VISHNU VARDHAN S
49	22MDR049	VISWAGANESH S


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ACADEMIC YEAR 2022-2023

YOGA & MEDITATION

CLASS: 22ME01

1	22MER001	AJAYKANTH S
2	22MER002	AJAYKUMAR M
3	22MER003	ARTHI SRI S
4	22MER004	ARUNRAGAVETHIRAN A S
5	22MER005	BALAMURUGAN B
6	22MER006	BALAMURUGAN C
7	22MER007	CHANDRU B
8	22MER008	DEEPAK S
9	22MER009	DEEPAN P
10	22MER010	DEVARAJ R
11	22MER011	DHANUSH J V
12	22MER012	DHARANEESH S G
13	22MER013	GIRISELVAM S
14	22MER014	GOBI K
15	22MER015	GOKUL PRASATH D
16	22MER016	GOWTHAM C
17	22MER017	GOWTHAMAN R
18	22MER018	HARI HARAN M
19	22MER019	HARIPRASANTH T
20	22MER020	HARIPRASATH S
21	22MER021	KARMEGAM S
22	22MER022	KARTHIKEYAN N
23	22MER023	KAVIN S
24	22MER024	KISHORE E
25	22MER025	LALIT KUMAR SINGH
26	22MER026	MEY VINESH G
27	22MER027	MILTON ROSARIO A
28	22MER028	MITHUN NITHIN D S
29	22MER029	MOHAN P
30	22MER030	MOHANRAJ S
31	22MER031	MOULISH G
32	22MER032	MYSUKANTH K
33	22MER033	NANDHITHA K
34	22MER034	NARENDIRAN S
35	22MER035	NAVANEETHU G
36	22MER036	NAVEEN G
37	22MER037	NAVEEN KRISHNA M
38	22MER038	NIVASKARAN A M
39	22MER039	POOVARASU G
40	22MER040	PRAVEEN KUMAR G
41	22MER041	RAGUL T
42	22MER042	RAHMAN KHAN A
43	22MER043	RAHUL A

44	22MER044	RAMAKRISHNAN P
45	22MER045	RANJITH KUMAR M
46	22MER046	SANJAY KUMAR S
47	22MER047	SANJAY S
48	22MER048	SATHISH KUMAR S
49	22MER049	SEETHARAMAN G
50	22MER050	SHARON MARIA BALAN B
51	22MER051	SUBASH E
52	22MER052	SUBBURAM RM
53	22MER053	VIJAYAKUMAR V
54	22MER054	VIVEGANANTH M


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VELALAR COLLEGE OF ENGINEERING AND TECHNOLOGY (AUTONOMOUS)

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

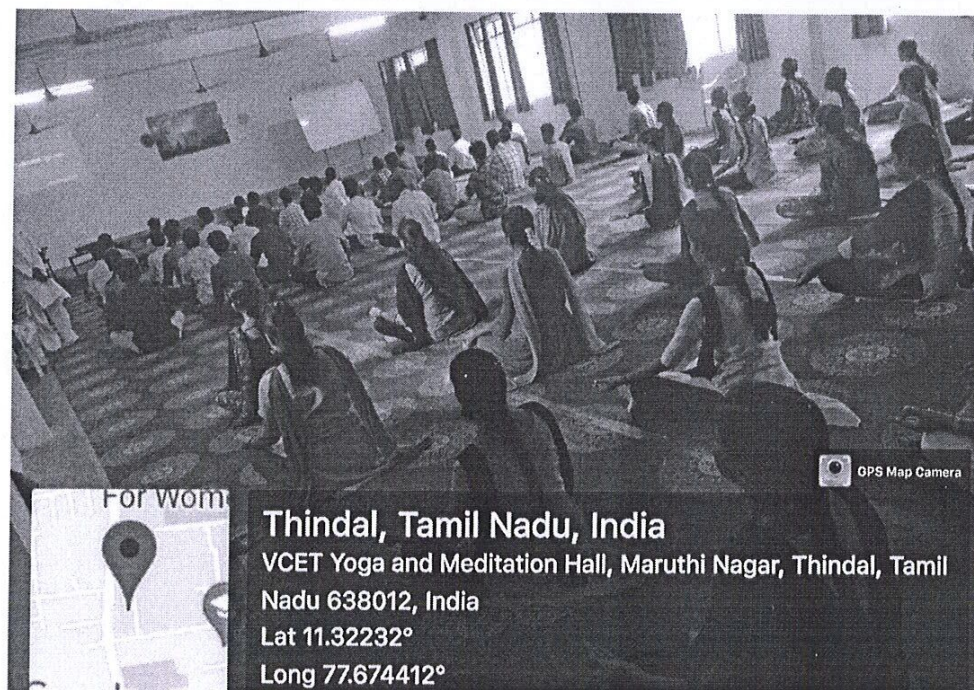
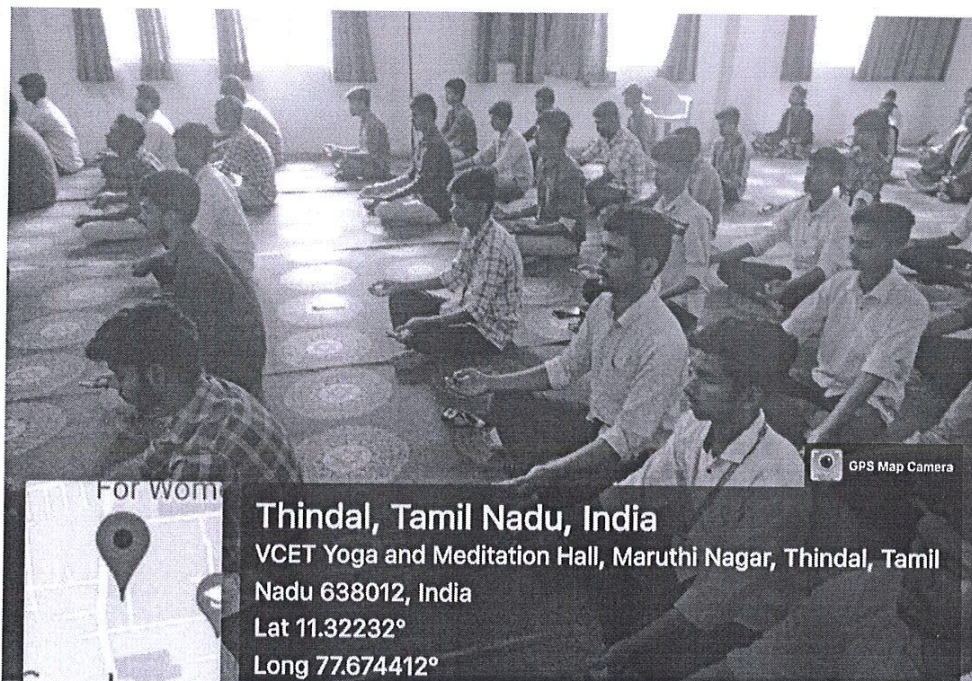
(Accredited by NAAC with 'A' Grade and NBA)

Thindal, Erode - 638012, Tamil Nadu, India.

Email: principal@velalarengg.ac.in, Website: <https://velalarengg.ac.in>

Phone: 0424-2244201/02/03

LIFE SKILLS –YOGA AND MEDIATATION-2022-23(COMMON FOR ALL BRANCHES)



P. H. V.
30/12/2022
STAFF INCHARGE

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தமிழ்நாடு தமில்நாடு TAMIL NADU 28/08/2021

Velalar College of Engineering
and Technology

93AB 753959

ப. பன்னிசெல்வம்
முத்திரைத் தாள் விநியோகப்பாணி
உரிமம் எண் : 33/2008/எ-சேராடு

MEMORANDUM OF UNDERSTANDING

The Memorandum of Understanding is entered into on 1.9.21.

BETWEEN

1. The Centre for Velalar College of Engineering and Technology, represented by S.D.Chandrasekar, Secretary having its office at Thindal(Post), Erode-638012, Tamilnadu hereinafter the First Party.

AND

2. Vethathiri Maharishi Institute for Spiritual and Intuition Education an educational wing of The World Community Service College (WCSC -VISION), Temple of Consciousness, Arutperunjothi Nagar, Aliyar, Pollachi, Erode Zone located at Erode Arivuthirukovil, 66 Periyar Nagar, 9th Street, Erode - I and Erode Manavalakalai Mandram Trust, Periyar Nagar, Arivu Thirukkivil, Erode - I herein after called the Second Party, represented by Erode Zone President / Zone Secretary do hereby agree the following:



SECRETARY
VELLALAR EDUCATIONAL TRUST
ERODE - 12.

PRINCIPAL
Velalar College of Engineering and Technology
(Autonomous)
ERODE - 638 012.

3. Whereas WCSC-VISION contacted the College to conduct the Yoga for Youth Empowerment Courses and requested the College to offer space and infrastructure to commence the said courses and the College has agreed for the same subject in the following terms and conditions.

4.Application Form:

The application form and syllabus shall be prepared by WCSC-VISION. The College shall collect the required fee from the students and shall hand over the same to WCSC VISION.

5.Courses : Yoga for Youth Empowerment (YYE)

Sl. No	Courses	Hours	Period	Fees
1	Foundation Course	18	1 Month	150
2	Certificate Course	36	6 Months	500
3	Diploma	54	1 Year	750

6. Course Materials:

The course materials shall be prepared by the WCSC - VISION. It is the responsibility of WCSC - VISION to provide necessary study materials for the benefit of students. The entire expenditure for the course materials, Practical, demonstrations, etc. and sharing of the same shall be discussed and agreed between College and WCSC-VISION.

7. Conduct of Classes:

The classes for the courses shall be conducted on Non-Semester pattern or Semester Pattern as required.

8. 8.1 The WCSC -VISION shall engage two yoga masters one for male and one for female for batch of 50 students with the qualification of Diploma in Yoga for Human excellence and preferably M.A (YHE).

- 8.2 The WCSC -VISION shall conduct the classes as per syllabus.

- 8.3 WCSC-VISION shall arrange additional faculties from its branch when admission increases.

- 8.4 Honorarium including transport charges shall be paid to visiting faculties by the WCSC - VISION.

- 8.5 WCSC VISION shall do everything to impart quality education ensuring values and excellence in actions.

9. Conduct of Examinations:

- 9.1 The Yoga Masters engaged shall closely monitor the programmes, make continuous internal assessment of students and take appropriate measures to ensure the quality of the agreed programmes.

- 9.2 Dates and schedule of Examinations for the Courses shall be intimated to the College by WCSC-VISION and will be announced by the College at the appropriate time.

- 9.3 The College shall conduct Examinations as per WCSC norms and standards by WCSC VISION.



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(Autonomous)
ERODE - 638 012.

SECRETARY
VELLALAR EDUCATIONAL TRUST
ERODE - 12

9.4 Certificates shall be issued by the WCSC-Vision Academy.

10. Joint Responsibilities:

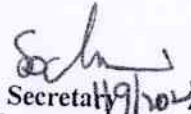
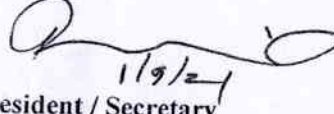
- 10.1 If the students are not happy with the course content, WCSC-VISION shall take necessary changes required.
- 10.2 This MOU shall be valid for a period of Five years from this date and can be renewed at an interval of five years on mutual consent. The collaboration is envisaged to provide admission for the academic year 2016-2017 onwards.
- 10.3 Any expansion or modification relating to the academic programmes shall be decided jointly by the College and WCSC-VISION.
- 10.4 All the terms and conditions of this MOU are subject to the approval of the various bodies of the College and the provisions of the Rules and Regulations of the College.

11. Termination:

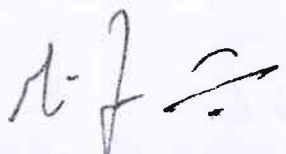
College and any of the Governing Bodies of its associated institution feel that the operation of the Program will affect the integrity of the said institution then the College may terminate the arrangement with immediate effect. The College shall be entitled to terminate this arrangement by giving two months notice in writing to WCSC-VISION.

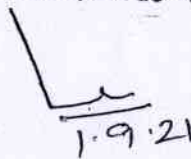
12. Schedule:

Both the parties having agreed to the aforesaid terms and conditions have signed this Memorandum of Understanding on the 01.05.2012 first hereinabove written at Erode in the presence of witnesses who had also signed in this agreement.


Secretary

11/9/21
Zone President / Secretary
SECRETARY
VELLALAR EDUCATIONAL TRUST
ERODE - 12.
PRESIDENT
WCSC Erode Zone
Erode-638 001.

Witness:

1). 
Dr. M. JAYARAMAN, ME. Ph.D
Principal
Velalar College of Engineering and Technology
Thindal, Erode - 638 012, TN, INDIA

2). 
1.9.21
Dr. M. ESWARAMURTHI M.Sc., M.Phil., Ph.D.,
Professor and Head
Department of Mathematics
Velalar College of Engineering and Technology
Thindal, Erode - 638 012.


PRINCIPAL
Velalar College of Engineering and Technology
(Autonomous)
ERODE - 638 012.



Vazhga Vaiyagam



Vazhga Valamudan

ER22F20725

Vethathiri Maharishi Institute for Spiritual and Intuitional Education

Educational Wing of WCSC

Aliyar - 642 101.

Yoga for Youth Empowerment

This is to certify that**SAKTHI SHREE R.**.....

has successfully completed the prescribed courses of study conducted

during the period from**JANUARY..2023**..... to**FEBRUARY..2023**.....

for the **Foundation Course** in Yoga for Youth Empowerment.

Be Blessed by the Divine Power



Date : 19-Apr-23

DIRECTOR
VISION-Admin

PRESIDENT
WCSC